



ISAGENIX[®]
THE ART OF WELLBEING[™]



INTEGRITY

We remain steadfast in our commitment to always do the right thing, the right way.

EARNINGS DISCLAIMER:

The ability to earn income under the Isagenix Team Compensation Plan depends on many factors including an individual Associate's business, social, and sales skills; personal ambition and activity; availability of time and financial resources; and access to large network of family, friends, and business contacts. Isagenix cannot and does not guarantee any particular level of earnings. Even Associates who dedicate a significant amount of time, effort, and personal funds may not achieve a meaningful level of success. For average earnings, refer to [IsagenixEarnings.com](https://www.IsagenixEarnings.com).

ISAGENIX LEGACY CLUB:

An Isagenix Legacy Club Member is an Independent Associate to whom Isagenix has paid a gross total of \$1 million or more since joining Isagenix. Earnings reflect gross amounts that do not include any business expenses.

WEIGHT LOSS DISCLAIMER:

Weight loss, muscle gain, lifestyle, and other results depicted here reflect exceptional individual experiences of Isagenix Customers and should not be construed as typical or average. Results vary with individual effort, body composition, eating patterns, time, exercise, and other factors, such as genetic and physiological makeup.

SAFETY DISCLAIMER:

If you are pregnant, nursing, diabetic, on medication, have a medical condition, or are beginning a weight control program, consult your physician before using Isagenix products or making any other dietary changes. Discontinue use if adverse events occur.

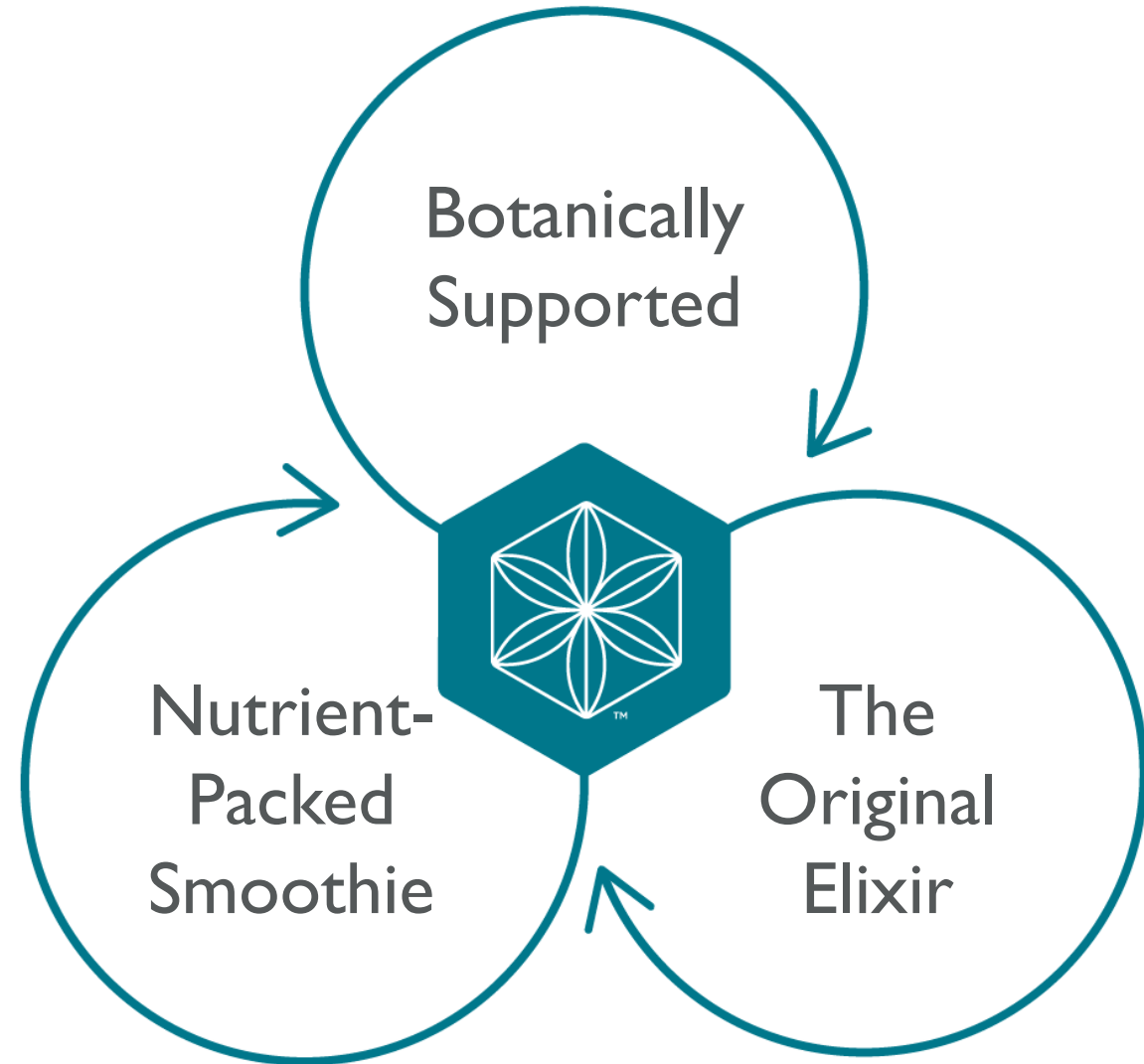
INFORMATION FOR GENERAL PURPOSES ONLY:

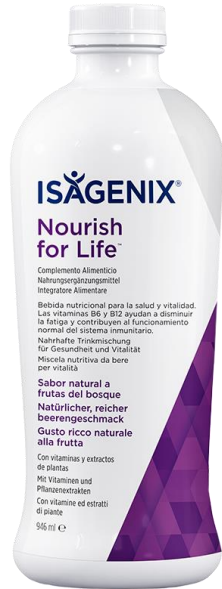
Information provided in this presentation and on all publications, packaging, and labels is for general purposes only and designed to help you make informed decisions about your health. It is not intended to substitute advice from your physician or health care professional.



ISAGENIX FOR WELLBEING

THE ISAGENIX THREE





Aloe Vera Leaf, Bilberry,
 Burdock Root, Blueberry,
 Raspberry, Yellow Dock Root,
 Turmeric, Siberian Ginseng,
 Fennel, Peppermint Leaf,
 Licorice Root, Alfalfa.



Effective, clean and close-to-
 nature — both grass-fed whey
 and plant-based proteins.
 Superior branch chain amino
 acid profile, and essential trace
 minerals.



Wolfberry, Schisandra, Red
 Ginseng, Eleuthero, Hibiscus,
 Holy Basil, Dang Shen,
 Harada, Horsetail, Bacopa,
 Alfalfa, Ginger.

ISAGENIX GREENS™

- A simple way to add a blend of green veggies to your day
- A blend of green veggies so you can get more goodness into your diet, every day, without any fuss.
- A blend of spinach, kale, spirulina, broccoli, chlorella, and more, all packed into one little scoop.
- Can be mixed with water, IsaLean Shake, or even added to yogurt, pesto, or homemade dressings.
- Suitable for the whole family (4+ years).



HEALTHY SNACKING



WHEY &
HARVEST
THINS



ISADELIGHT



ISALEAN BAR



ISAGENIX
SNACKS

E-SHOT

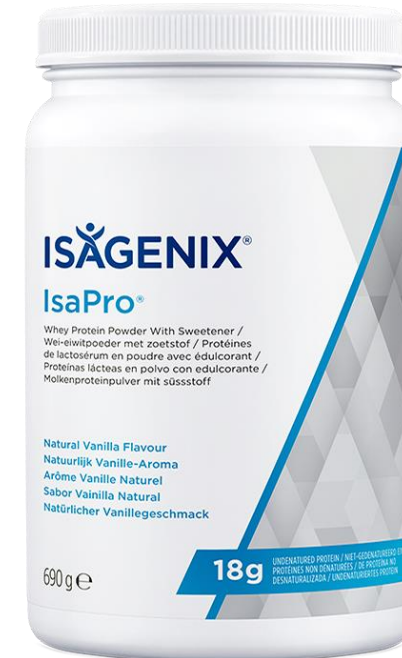
- The natural pick-me-up
- e-Shot isn't your typical energy drink. The blend of natural ingredients makes it a healthy alternative to high-calorie, excessively caffeinated, artificially sweetened energy drinks.
- A blend of hand-picked botanicals like Siberian ginseng, schisandra, hawthorn and more.
- Paired with 80mg plant-based caffeine from green tea and yerba mate.
- Jump start your day, combat afternoon lulls, or power through your Cleanse Days with e-Shot.

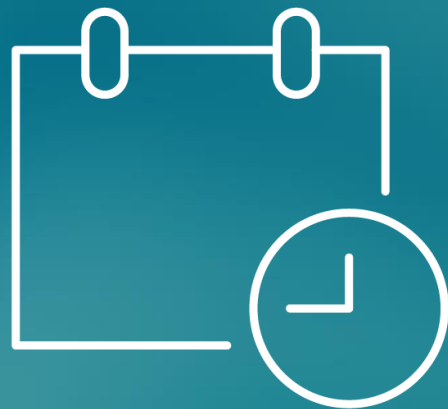


ISAPRO

- The ultimate muscle-building protein*
- An easy way to get the extra protein you need whether you're at home, on the go, or after a workout.
- 18g of undenatured whey protein per scoop.
- Whey protein naturally contains branched-chain amino acids like isoleucine, leucine and valine.
- Mix with water, add to your IsaLean Shake, or other recipes like oats, pancakes or smoothies.

**Protein contributes to growth in muscle mass as well as the maintenance of muscle mass.*





HOW TO USE

5 WAYS TO INCLUDE YOUR DAILY SHAKE

1. Mixed with water + ice
2. Add other ingredients (oats, fruits, IsaPro, nut butters)
3. Base for your smoothie bowls
4. As your snack
5. Post-workout protein



3 WAYS TO CLEANSE

1. Single Cleanse Day

Follow Cleanse Day schedule for one day

2. Double Cleanse Day

Follow Cleanse Day schedule for two consecutive days

3. Daily Cleansing

Drink one serving of Nourish for Life every morning or evening



ISAGENIX.

CLEANSE DAY TRACKER

Cleanse & Stay On Track With 10 Credits Per Cleanse Day

In addition to enjoying Nourish for Life™ and Ionix® Supreme on a Cleanse Day, spend up to 10 Cleanse Credits with amazing products to curb cravings, nourish your body, and support a great Cleanse Day experience!

One serving of Nourish for Life is either

- 118ml of Natural Rich Berry flavour (liquid). You can have this on its own, or mixed with cold or warm water.
- 2 scoops of Peach Mango flavour mixed with 120-240ml water.

4

We recommend having four servings of Nourish for Life throughout the day.



Track your Cleanse Credits below. Check one box for each Cleanse Credit consumed during a Cleanse Day.

0 Credits

- Coffee (black)
- Black, green, or herbal tea
- Water, still or sparkling

1 Credit

- Xango Reserva

2 Credits

- Isagenix Snacks™ (2 wafers)
- Isagenix Greens
- e-Shot™
- IsaDelight™
- SuperMix™
- AMPED™ Nitro*
- AMPED™ Hydrate
- AMPED™ Post-Workout*
- XM+

3 Credits

- Harvest Thins™
- Whey Thins™

MONTHLY CLEANSE DAY TRACKER

CLEANSE DAY 1

1	2	3	4	5	6	7	8	9	10
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CLEANSE DAY 2

1	2	3	4	5	6	7	8	9	10
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CLEANSE DAY 3

1	2	3	4	5	6	7	8	9	10
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CLEANSE DAY 4

1	2	3	4	5	6	7	8	9	10
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Values are determined through a proprietary Isagenix System and are not linked to values in other food-scoring systems. While most healthy adults can consume up to 400 milligrams of caffeine per day, you should monitor your caffeine intake on Cleanse Days and consider your personal tolerance when choosing caffeinated snack options.

*Vigorous or intense exercise is not recommended on Cleanse Days. If you experience faintness, dizziness, pain, or shortness of breath at any time while exercising, you should stop immediately and seek appropriate medical care, if needed.



HOW TO USE ISAGENIX PRODUCTS FOR PERFORMANCE

THE ISAGENIX THREE



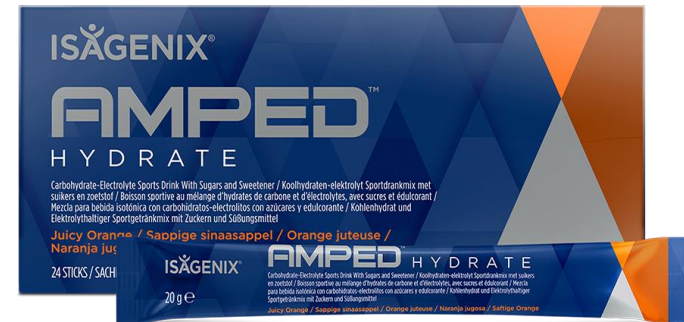
AMPED NITRO

- Push harder. Train better. Go further.
- Training sessions are tough enough, so we've created AMPED Nitro, your new pre-workout solution, to provide energy, strength and focus so you can push harder, train better and go further in your workout.
- A blend of targeted ingredients like arginine, creatine, beta-alanine, caffeine and more.
- Suitable for all abilities - whether you're just getting started or are an elite athlete.
- Consume 15-30 minutes before training.



AMPED HYDRATE

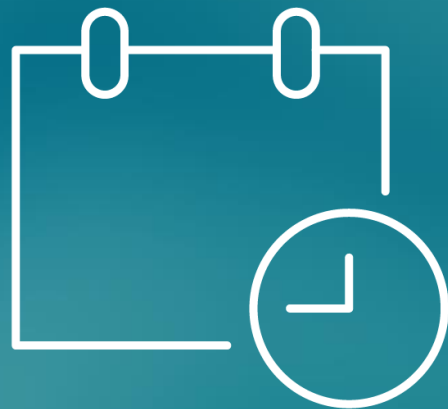
- Optimal hydration for peak performance
- AMPED Hydrate is a refreshing and hydrating drink to quench your thirst all day long.
- When you sweat, you lose more than just water, so when it comes to re-hydrating, we need more than just water too!
- A blend of electrolytes, B-vitamins and vitamin C for hydration in the gym or on the go.
- Only 35 calories per serving.



AMPED POST-WORKOUT

- Better, faster post-workout recovery
- Keeping up with your training schedule is much easier when you recover quickly after a workout. That's why we created AMPED™ Post-Workout!
- Targeted ingredients like tart cherry, curcumin, astaxanthin and collagen to help boost muscle-recovery and ease exercise-related soreness after a hard workout.
- Mix with water, or add to your IsaPro or IsaLean Shake.
- Aim to consume within 30 minutes after your training session.





HOW TO USE

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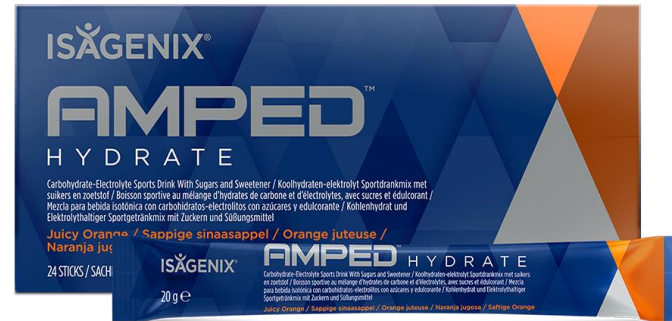


HOW TO USE

PRE-WORKOUT



INTRA-WORKOUT



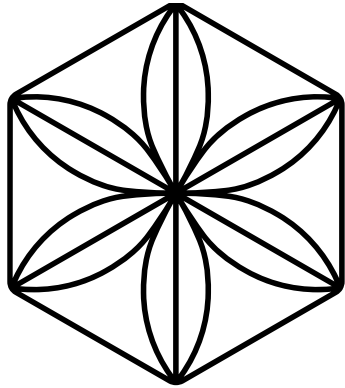
POST-WORKOUT



INFORMED SPORT

- Recognised by the World Anti-Doping Agency
- Rigorous testing on ingredients and finished products
- Every batch tested
- Not contaminated with banned substances
- Certified products safe for athletes





ISAGENIX®

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